

OLYMPIA GIRLS ALL-TIME TOP 40
as of 5/25/19

100m

| | | |
|----------------------------------|---------------|----------------|
| Jill Lahmann (10) | 12.53s | 2007 |
| Ciairra Austin (11) | 12.3s h | 2007 |
| Sarah Frey (12) | 12.55s | 2005(12.50sw) |
| Alexis Fesenbeck (10) | 12.66s | 2010 |
| Naclaysia Majkut (11) | 12.72s | 1999 |
| Brooke Dixon (12) | 12.6s h | 1998 |
| Gina Harwick (9) | 12.90 | 2015 |
| Leanne Miller (9) | 12.7s h | 1999 |
| Mandy McInnelly (11) | 12.8sh | 1995 (12.2h?) |
| Paula Woodland (11) | 12.8s h | 1982 |
| Candy Bates (12) | 12.8sh | 1993 |
| Sammi Thompson (9) | 12.8s h | 2007 |
| Lucia Peralta (9) | 13.05s | 2017 |
| Nicole Dandridge (11) | 13.10s | 2012 |
| Amber Oar (9) | 12.9s h | 1988 |
| Jocelyn Early (10) | 12.9s h | 1998 (12.7shw) |
| Joanna Houplin (11) | 12.9s h | 2006 |
| Ibelema Stahmer (11) | 13.21s | 2017 |
| Shannon Bryan (11) | 13.0s h | 1988 |
| Kathleen Juergens (12) | 13.0s h | 1991 |
| Christi Huey (10) | 13.0s h | 1995 |
| Tina Schicchi (10) | 13.0s h | 2006 |
| Makayla Waggoner (9) | 13.26s | 2014 |
| Michaela Huppe (9) | 13.32s | 2014 |
| Tessa Matzen (9) | 13.33s | 2016 |
| Margaret Williams (10) | 13.1sh | 1980 |
| Lisa Terry (12) | 13.1s h | 1986 |
| Julie Hamilton (12) | 13.1s h | 1989 |
| Keila Williams (?) | 13.35s | 2001 |
| Christina Spinharney (11) | 13.35 | 2019 |
| Betsy Gerard (12) | 13.2s h | 1989 |
| Malia Butler (9) | 13.2s h | 2006 |
| Yarrow Bedford (9) | 13.2h | 2013 |
| Katherine Franklin (10) | 13.45s | 2016 |
| Sadie Forte (9) | 13.48 | 2012 |
| Megan Schmitt (10) | 13.50s | 2010 |
| Laura Coor (9) | 13.50s | 2014 |
| Fatoumata Ceesay (10) | 13.51 | 2013 |
| Taylor Fiskness (11) | 13.52s | 2010 |
| Christy Huey (12) | 13.3s h | 1995 |
| Kathryn Mertens (12) | 13.3sh | 2006 |
| Taylor Edwards (9) | 13.54 | 2010 |

s=seconds

w= wind-aided

h=hand-timed

200m

| | | |
|--------------------------|---------------|-------------------|
| Joana Houplin (11) | 25.63s | 2006 |
| Jill Lahmann (10) | 25.65s | 2007 |
| Jenni Dunn (11) | 25.4s hc | 1976 (25.5 220y) |
| Candy Bates (12) | 25.5sh | 1993 |
| Sarah Frey (12) | 25.90s | 2005 (25.82w) |
| Alexis Fesenbeck (12) | 25.94s | 2012 |
| Ciairra Austin (10) | 26.00s | 2006 |
| Naclaysia Majkut (12) | 25.9s h | 2000 |
| Gina Harwick (10) | 26.24 | 2016 |
| Brooke Dixon (12) | 26.1s h | 1998 |
| Mandi McInnelly (10) | 26.2s h | 1994 |
| Sarah Klein (12) | 26.52s | 2006 |
| Leanne Miller (9) | 26.3s h | 1999 |
| Brandi Wolff (11) | 26.58s | 2007 |
| Tina Schicchi (11) | 26.64s | 2007 |
| Sammi Thompson (9) | 26.64s | 2007 |
| Patty Cutlip (10) | 26.4s hc | 1976 (26.5s 220y) |
| Sue Holstien (12) | 26.5s hc | 1977 (26.6s 220y) |
| Jocelyn Early (10) | 26.6s h | 1998 |
| Amber Oar (9) | 26.7s h | 1988 (26.41w) |
| Autumn Stevick (12) | 27.02s | 1995 |
| Nicole Dandridge (11) | 27.13 | 2012 |
| Cindy Finn (12) | 26.9s h | 1989 |
| Lisa Terry (10) | 27.0s h | 1984 |
| Shannon Bryan (11) | 27.0s h | 1988 |
| Shelly Cooper (11) | 27.1s h | 1986 |
| Erika Johnson (10) | 27.1s h | 1994 |
| Jill Wilmovsky (11) | 27.1s h | 1997 |
| Janet Heinrich | 27.1s hc | 1976 (27.2s 220y) |
| Laurel Stormans (11) | 27.1s h | 2008 |
| Tashi Sharp (10) | 27.35s | 2010 |
| Lucia Peralta (9) | 27.36s | 2017 |
| Megan Schmitt (10) | 27.41s | 2010 |
| Ibelema Stahmer (10) | 27.45s | 2016 |
| Sadie Forte (9) | 27.53 | 2012 |
| Paula Woodland | 27.2sh | 1982 |
| Tricia Tillman (12) | 27.2s h | 2002 |
| Debbie Ocken | 27.3s hc | 1979 (27.4s 220y) |
| Maria Barnes (12) | 27.3s h | 2001 |
| Emily Walters (10) | 27.3s h | 2008 |
| Rachel Sloan (9) | 27.54s | 2007 |

c=converted from longer race

?= questionable hand timing

OLYMPIA GIRLS ALL-TIME TOP 40
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400m

| | | |
|----------------------------|---------------|------------------|
| Lisa Terry (12) | 57.5s h | 1986 |
| Alexis Fesenbeck (12) | 57.77s | 2012 |
| Candy Bates (11) | 57.81 | 1992 |
| Sue Holstein (12) | 57.6s hc | 1977 (57.9 440y) |
| Mandi McInnelly (11) | 57.9s h | 1995 |
| Kathryn Mertens (12) | 58.32s | 2006 |
| Ava Wolin (9) | 58.32s | 2019 |
| Amber Oar (12) | 59.1s h | 1991 |
| Brandi Wolff (11) | 59.43s | 2007 |
| Katie Tronvig (12) | 59.84s | 2003 |
| Autumn Stevick (11) | 59.9s h | 1994 |
| Jesse Ridenour (10) | 60.29s | 2009 |
| Cindy Finn (12) | 60.33s | 1989 |
| Kathy Goetz (9) | 60.3s hc | 1978 (60.6 440y) |
| Lindsay Franzen (9) | 60.3s h | 1994 |
| Debra Purce (10) | 60.3s h | 1995 |
| Jenni Dunn (11) | 60.5s hc | 1976 (60.8 440y) |
| Kathleen Juergens (12) | 60.5s h | 1991 |
| Joneen Lougheed (12) | 60.7s h | 1983 |
| Tara Bowers (12) | 60.7s h | 1992 |
| Naclaysia Majkut (12) | 60.86s | 2000 |
| Megan Schmitt (10) | 61.09s | 2010 |
| Frances Brown (10) | 61.20 | 2016 |
| Natalie Daniels (11) | 61.44s | 2007 |
| Suzzi O'Holleran (9) | 61.2s hc | 1977 (61.5 440y) |
| Marcy Guilford (12) | 61.4s h | 1998 |
| Sammi Thompson (12) | 61.62s | 2010 |
| Callie Barnett (10) | 61.71s | 2019 |
| Lisa Terry (10) | 61.5s h | 1984 |
| Katrin Filz (12) | 61.5sh | 1991 |
| Laura Coor (12) | 61.81 | 2016 |
| Heidi Sedivy (11) | 61.8s h | 1995 |
| Kelly Kravitz (11) | 61.9s h | 1997 |
| Joanna Houplin (11) | 61.9s h | 2006 |
| Addie Provenzano (10) | 62.05s | 2007 |
| Shelly Cooper (10) | 62.0s h | 1985 |
| Marie McCauley (9) | 62.1s hc | 1979 (62.4 440y) |
| Mel Kelly (10) | 62.1s h | 2004 |
| Jennifer Santoyo (12) | 62.44s | 2001 |
| Janet Heinrich | 62.2s hc | 1976 (62.5 440y) |

800m

| | | |
|--------------------------------|----------------|--------------------|
| Katelyn Rigg (9) | 2:15.36 | 2019 |
| Linda Goff (12) | 2:15.5 hc | 1974 (2:16.2 880y) |
| Cheri Watson (9) | 2:16.36 | 2004 |
| Kara Sherman (9) | 2:18.35 | 2008 |
| Susan Swoboda (12) | 2:18.95 | 1982 |
| Suzzi O'Holleran (12) | 2:19.0 hc | 1980 (2:19.8 880y) |
| Annie Dear (11) | 2:20.0h | 2008 |
| Janet Heinrich (11) | 2:20.5 hc | 1976 (2:21.3 880y) |
| Maia Halvorson (12) | 2:21.56 | 2016 |
| Natalie Daniels (12) | 2:21.68 | 2008 |
| Melynda McNichol (12) | 2:21.8 h | 1997 |
| Julie Kerans (12) | 2:22.1 hc | 1977 (2:22.9 880y) |
| Sarah Walsh (9) | 2:22.4 h | 1987 |
| Jessie McLaughlin (10) | 2:22.4 h | 2000 |
| Mariah Steen (9) | 2:22.52 | 2010 |
| Caitie O'Donnell (11) | 2:22.81 | 2005 |
| Jennifer Brady (10) | 2:23.0 h | 1989 |
| Michelle Conner (12) | 2:23.9 h | 1986 |
| Jessica Schmidt (9) | 2:24.09 | 2007 |
| Rose Hoonan (9) | 2:24.35 | 2008 |
| Laura Franz (12) | 2:24.43 | 2003 |
| Stacie Gerring (19) | 2:24.2 h | 1991 |
| Sammi Thompson (11) | 2:25.11 | 2009 |
| Marie McCauley (11) | 2:25.5 h | 1981 |
| Katie Watson (11) | 2:25.64 | 2002 |
| Nicole Scheunemann (11) | 2:25.7 h | 1994 |
| Sofia Kane (11) | 2:25.9h | 2013 |
| Carrie Mohoric (12) | 2:26.2 h | 1995 |
| Jennifer Luetkehans (11) | 2:26.3 h | 2004 |
| Ariel Wilhite (9) | 2:26.67 | 2015 |
| Monica Madrigal (10) | 2:27.00 | 2009 |
| Rebekah Downen (10) | 2:27.01 | 2012 |
| Jennifer Heath (11) | 2:26.9h | 1980 |
| Christina Walsh (10) | 2:27.3 h | 1993 |
| Rona White (9) | 2:27.3 hc | 1978 (2:28.1 880y) |
| Nicole Miller (10) | 2:27.9 h | 2000 |
| Claire Fleckenstein (9) | 2:28.33 | 2018 |
| Autumn Stevick (11) | 2:28.2 h | 1994 |
| Sarah Hannah (11) | 2:28.6 h | 1990 |
| Catherine Willard (11) | 2:29.01 | 2013 |

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1600m

Jessie McLaughlin (11) 4:53.72 2001
 also conv of 4:54.96 mile to 4:53.25 1600m
 Sofia Kane (11) 4:57.41 2013
 Annie Dear (12) 4:59.15 2009
 Clare Kane (12) 5:09.88 2010
 Katie Watson (9) 5:17.40 h 2004
 Kiersten Kimminau (11) 5:18.39 2016
 Laura Franz (12) 5:18.55 2003
 Brenna Carlson (11) 5:19.64 2015
 Carrie Mohoric (11) 5:20.1 h 1994
 Suzzi O'Holleran 5:21.0 h 1980
 Sarah Walsh (10) 5:21.08 1988
 Sue Swoboda (9) 5:21.9hc? 1979 (5:23.7 mile)
 Sue Barnes (11) 5:22.1 hc 1978 (5:23.9 mile)
 Marissa Nickel (11) 5:22.5 h 1989
 Kara Sherman (9) 5:22.7h 2008
 Michelle Siemion (10) 5:23.2 hc 1978 (5:25.0 mile)
Claire Fleckenstein (9) 5:24.44 2018
 Maia Halvorson (12) 5:25.31 2016
 Fran Janny (9) 5:25.49 2003
 Stella Grimsted (9) 5:25.94 2015
 Ariel Wilhite (9) 5:27.5h 2014
 Erin Gordon (10) 5:29.41 2000
 Sue Lindskog (10) 5:28.1 hc 1976 (5:30.0 mile)
 Jena Johnson (9) 5:30.31 2004
 Sara Tabbut 5:30.9 hc 1974 (5:32.8 mile)
 Linda Goff (12) 5:31.4 hc 1974 (5:33.3 mile)
 Maddie Gooden (12) 5:32.00 2015
 Michelle Conner (12) 5:33.1 h 1986
 Margaret Vest (11) 5:34.2 h 1988
 Grace Bell (9) 5:34.83 2011
Lyric Tinnel (10) 5:35.82 2018
 Ali Weaver (10) 5:36.64 2013
 Janet Heinrich (12) 5:36.9 hc 1977 (5:38.8 mile)
 Mackenzie Cooper (12) 5:37.59 2015
 Monica Madrigal (10) 5:37.85 2009
 Debbie Misterek (12) 5:38.7h 1980
 Jennifer Heath (12) 5:39.0 h 1981
 Erika Bandrevics (9) 5:39.3 h 1991
 Zoe Wiley (9) 5:40.54 2016

3200m

Sofia Kane (12) 10:39.77 2014
 Annie Dear (11) 10:49.95 2009
 Clare Kane (12) 11:04.77 2010
 Jessie McLaughlin (11) 11:21.1 h 2001
 Debbie Misterek (12) 11:23.8 hc 1980 (11:27.7-2mile)
 Kiersten Kimminau (11) 11:28.06 2016
 Sue Barnes (11) 11:33.0 hc 1978 (11:37.0-2mile)
 Becky Ocken (12) 11:38.9 h 1982
 Ariel Wilhite (10) 11:41.70 2015
 Margaret Vest (12) 11:41.86 1989
 Stella Grimsted (9) 11:42.69 2015
 Michelle Conner (12) 11:47.1 h 1986
 Brenna Carlson (11) 11:49.85 2015
 Megan Stippich (9) 11:51.6 h 1990
 Debbie Tygart (12) 11:55.2 h 1986
Kate Riggs (11) 12:01.75 2019
 Britta Lippert (11) 12:02.5 h 1996
 Kim Meyer (12) 12:03.0 h 1981
 Julie Meyers 12:09.6h 1981
Elsa Wirth (9) 12:11.82 2019
 Katie McInnes (11) 12:15.1 h 2001
 Sarah Nickerson 12:16.2 hc 1978 (12:20.4-2mile)
 Erin Gordon (12) 12:16.81 2002
 Ginny Revkema (11) 12:27.1 h 1981
 Janine Chaney (10) 12:28.35 2005
Aliyah Ankeney (11) 12:30.91 2019
 Kirsten Olson (11) 12:31.0 h 1994
 Nicole Miller (12) 12:32.0h 2002
 Sue Swoboda (9) 12:32.3 hc 1979 (12:36.6-2mile)
 Clara McHugh (11) 12:34.10 2013
 Katherine Hales (10) 12:35.17 2006
 Kristen Henden (9) 12:36.0 h 1985
 Molly Kennedy (10) 12:36.0 h 1996
 Kirsten Allen (11) 12:36.06 2010
 McKenna Hooper (11) 12:36.10 2016
 Kristen Lowell (9) 12:38.8 hc 1979 (12:43.2-2mile)
 Marie Roehrich (11) 12:39.4 h 1995
 Michelle Fujii (12) 12:39.94 2014
 Lindsay Graham (10) 12:40.0 h 1999
 Jennifer Grady (10) 12:42.0 h 1996
 Emily McHugh (11) 12:42.13 2009

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100m HURDLES

| | | |
|-----------------------------|---------------|---------------|
| Shannon Bryan (11) | 14.68s | 1988 |
| Kelly Matlock (10) | 14.7s h | 1997 |
| Sara Klein (12) | 15.02s | 2006 (14.76w) |
| Natalie Kirk (12) | 15.30s | 2007 |
| Emily Walters (11) | 15.31s | 2009 |
| Laurel Stormans (12) | 15.49s | 2009 |
| Katrina O'Conner (12) | 15.52s | 2001 |
| Tami Harpel (12) | 15.3s h | 1982 |
| Janet Heinrich (10) | 15.4s hy | 1975 |
| Taylor Fettig (11) | 15.72s | 2010 |
| Astrid Petersons (10) | 15.5s hy | 1975 |
| Mel Kelly (12) | 15.99s | 2003 |
| Maria Barnes (12) | 16.46s | 2001 |
| Colleen Hurt (10) | 16.58s | 2002 |
| Molly Godfrey (12) | 16.4s h | 1981 |
| Alyssa Adams (11) | 16.65s | 2017 |
| Autumn Stevick (12) | 16.5s h | 1995 |
| Sasha Penowich (12) | 16.5s h | 1997 |
| Emily Anderson (10) | 16.77 | 2017 |
| Erika Francks (10) | 16.85 | 2011 |
| Alissa Swilley (12) | 16.91s | 2016 |
| Jessica Brezicha (12) | 16.7s h | 2006 |
| Chris Austin (11) | 16.8s h | 1981 |
| Mary Pedack (11) | 16.8s h | 1995 |
| Landin Hufford (12) | 17.11s | 2017 |
| Mackenzie Andrews (12) | 17.12s | 2014 |
| Jenny Heu-Weller (12) | 16.9s h | 2000 |
| Monika Fairley (11) | 17.30s | 2011 |
| Cassidy Stevick (9) | 17.49s | 2007 |
| Audrey Ritter (11) | 17.54 | 2018 |
| Marianne Winter | 17.3sh | 1983 |
| Cheryl Reukema | 17.4sh | 1981 |
| Gina Jacobsen (10) | 17.4s h | 1992 |
| Olivia Schmaltz (10) | 17.67s | 2019 |
| Cortni Ensign (9) | 17.71s | 2000 |
| Brandi Wolff (9) | 17.76s | 2005 |
| Sara Liljestrand (9) | 17.6sh | 1985 |
| Stacia Hensley (9) | 17.6s h | 1986 |
| Julie Hastings (10) | 17.7s h | 1992 |
| Beth Riebli (10) | 17.7s h | 1999 |
| Deidra Woodward (9) | 17.7s h | 2008 |

300m HURDLES

| | | |
|----------------------------|---------------|-------------|
| Kelly Matlock (11) | 44.80s | 1998 |
| Maria Barnes (12) | 44.88s | 2001 |
| Shannon Bryan (11) | 45.43s | 1988 |
| Laurel Stormans (10) | 45.98s | 2007 |
| Suzie DeBord (11) | 46.27s | 2006 |
| Natalie Kirk (9) | 46.68s | 2004 |
| Leanne Miller (10) | 47.39s | 2000 |
| Autumn Stevick (12) | 47.78s | 1995 |
| Tashi Sharp (10) | 47.79s | 2010 |
| Emily Anderson (11) | 47.82 | 2018 |
| Kathy Goetz (12) | 47.6s h | 1981 |
| Ava Wolin (9) | 48.52s | 2019 |
| Sarah Snodgrass (9/10) | 48.72 | 2012,2013 |
| Beth Riebli (10) | 48.5s h | 1999 |
| Mel Kelly (12) | 48.81s | 2003 |
| Kjersti Gedde (9) | 49.01s | 2005 |
| Daniella Deutscher (9) | 48.9s h | 1991 |
| Taylor Fettig (12) | 49.19s | 2011 |
| Lauren Wilson (12) | 49.30s | 2017 |
| Katie O'Conner (10) | 49.35s | 2001 |
| Audrey Ritter (11) | 49.60 | 2018 |
| Cassidy Stevick (9) | 49.4s h | 2007 |
| Nici Ames (9) | 49.74s | 1993 |
| Kim Ames (12) | 50.1s h | 1986 |
| Mollie Godfrey (11) | 50.2sh | 1980 |
| Hillary Larson (10) | 50.53s | 2003 |
| Marianne Winter (10/12) | 50.4s h | 1981/83 |
| Sasha Penowich (11) | 50.4s h | 1996 |
| Sandy Kelly (10) | 50.78s | 2004 |
| Deirdre Francks (9) | 50.82s | 2013 |
| Sarah Nelson (11) | 51.01 | 2015 |
| Molly Zepeda (9) | 51.25 | 2017 |
| Lisa Nesbitt | 51.1sh | 1985 |
| Sadie Forte (9) | 50.96s | 2012 |
| Heidi Sedivy (9) | 51.3s h | 1993 |
| Erika Johnson (9) | 51.4h | 1993 |
| Wendi Ledgerwood (9) | 51.6sh | 1987 |
| Olivia Senna (11) | 52.18 | 2018 |
| Julie Hastings (10) | 52.0s h | 1992 |
| Isley | 52.2sh | 1989 |

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LONG JUMP

| | | |
|-----------------------------|----------------|-------------|
| Emily Walters (12) | 18-1.5 | 2010 |
| Sara Klein (12) | 18' 0 1/4" | 2006 |
| Natalie Kirk (12) | 17' 6" | 2007 |
| Margaret Williams (12) | 17' 2" | 1974 |
| Cassidy Stevick (10) | 16-9.5 | 2008 |
| Brandi Wolff (11) | 16' 8 1/2" | 2007 |
| Beth Riebli (9) | 16' 7" | 1998 |
| Aliġssa Swilley (12) | 16-6.5 | 2016 |
| Nancy Heinrich (12) | 16-6 | 1974 |
| Sammi Thompson (12) | 16-5.5 | 2010 |
| Autumn Stevick (11) | 16' 5 1/4" | 1994 |
| Jenny Heu-Weller (11) | 16' 5" | 1999 |
| Sarah Norman (12) | 16-5 | 2009 |
| Tammy Harpel (9) | 16-3.75 | 1979 |
| Marie McCauley (9) | 16-3 | 1979 |
| Taylor Fettig (11) | 16-2.75 | 2010 |
| Janet Heinrich (12) | 16-2.5 | 1977 |
| Patty Gruenenfelder (10) | 16-2 | 1978 |
| Katrin Filz (12) | 16' 2 1/2" | 1991 |
| Astrid Petersons (10) | 16-1.25 | 1975 |
| Mackenzie Andrews (12) | 15-11.75 | 2014 |
| Harmonie Sahalov (12) | 15' 11 1/4" | 2004 |
| Candy Bates (10) | 15' 11" | 1991 |
| Kjersti Gedde (9) | 15' 11" | 2005 |
| Annalise Taylor (11) | 15-10.5 | 2018 |
| Lessa Gruenenfelder (11) | 15' 10" | 2002 |
| Allison Craig (11) | 15' 9 1/4" | 1994 |
| Sue Swoboda (10) | 15-8 | 1980 |
| Christina Galvin (11) | 15-7 | 2010 |
| Evora Glenn (10) | 15-6.5 | 2011 |
| Jennifer Lewis (11) | 15' 5 1/2" | 1997 |
| Jenny Nunn (11) | 15' 5 1/2" | 2001 |
| Eve McLain | 15-5 | 1980 |
| Mandy McInelly (10) | 15' 5" | 1994 |
| Megan Angier (11) | 15' 4 3/4" | 1984 |
| Pat Kernan | 15-4 | 1976 |
| Suzzi O'Holleran (9) | 15-4 | 1977 |
| Debbie Misterek (10) | 15-4w | 1977 |
| Jordan Paszek (12) | 15-4 | 2010 |
| Anna Grant (??) | 15' 3 1/4" | 1998 |

TRIPLE JUMP

| | | |
|-----------------------------|-------------|-------------|
| Sara Klein (12) | 38' 9" | 2006 |
| Emily Walters (11) | 37-3 | 2009 |
| Natalie Kirk (12) | 35' 3" | 2007 |
| Cortni Ensign (12) | 34' 8" | 2003 |
| Joanna Houplin (11) | 34' 7 1/2" | 2006 |
| Jenny Heu-Weller (10) | 34' 2 1/2" | 1998 |
| Whitney Golob (10) | 33' 1 3/4" | 2001 |
| Autumn Stevick (10) | 33' 1/2" | 1993 |
| Rachel Ballew (12) | 32-10.75 | 2017 |
| Carla Medack (12) | 32' 10 1/2" | 1984 |
| Allison Craig (11) | 32' 9 3/4" | 1994 |
| Kelsey Jewell (10) | 32' 9 3/4" | 2005 |
| Annalise Taylor (11) | 32-8 | 2018 |
| Christina Galvin (12) | 32-7.5 | 2011 |
| Jordan Paszek (12) | 32-5.5 | 2010 |
| Gina Jacobsen (9) | 32' 5" | 1991 |
| Kjersti Gedde (10) | 32' 5" | 2006 |
| Alissa Swilley (10) | 32-4.75 | 2014 |
| Laurel Olfson (11) | 32-4.5 | 2010 |
| Brittney Wilson (9) | 32-3 | 2008 |
| Jesse Krieger (11) | 32' 2 1/2" | 2002 |
| Harmonie Sahalov (12) | 32' 1/2" | 2004 |
| Sadie Beckenhauer (11) | 31-10.75 | 2011 |
| Heather Hoffman (10) | 31' 10" | 1999 |
| Sheila Kernan (11) | 31' 9.5" | 1997 |
| Mackenzie Andrews (12) | 31-9.25 | 2014 |
| Carly Hamilton (9) | 31-8.5 | 2011 |
| Wendy Gerard (11) | 31' 7" | 1989 |
| Emma Hatton (12) | 31-6 | 2016 |
| Zoe McNamara (11) | 31-5.25 | 2017 |
| Jordan Crawford (9) | 31-5 | 2011 |
| Keile Kruse (11) | 31-3.75 | 2018 |
| Jennifer Lewis (11) | 31' 3.5" | 1997 |
| Kristan Schlatter (12) | 31' 1 3/4" | 2002 |
| Megan Triggs (10) | 31-0 | 2008 |
| Beth Riebli (9) | 30' 11" | 1998 |
| Jena Johnson (10) | 30-10 | 2005 |
| Cassidy Stevick (9) | 30' 9" | 2007 |
| Elizabeth Muller (12) | 30-5.5 | 2005 |
| Sarah Frey (10) | 30-5 | 2003 |
| Amber Walsh (?) | 30' 2 1/2" | 1989 |

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HIGH JUMP

| | | |
|---|-----------|----------------|
| Sara Klein (11) | 5' 6.5" | 2005 |
| Taylor Fettig (9) | 5-6 | 2008/10 |
| Sarah Stoker (10) | 5-6 | 2008 |
| Lauren Wilson (12) | 5-6 | 2017 |
| Kristen Johnson (11) | 5' 3 1/2" | 1997 |
| Cheryl Lapp (12) | 5' 3" | 1974 |
| Molly Peters (10) | 5-3 | 2012 |
| Debbie Helms | 5-2 | 1976 |
| Tammy Harpel (12) | 5-2 | 1982 |
| Kayla Williams (10) | 5' 2" | 2006 |
| Cassidy Stevick (9) | 5' 2" | 2007 |
| Amanda Wolff (12) | 5' 1 1/2" | 2005 |
| Pat Kernan | 5-1 | 1976 |
| Ingrid Petersons | 5-0 | 1981 |
| Leslie Bash (12) | 5' 0" | 1983 |
| Nikki Dermanoski (10) | 5' 0" | 1987 |
| Autumn Stevick (12) | 5' 0" | 1995 |
| Erika Johnson (12) | 5' 0" | 1996 |
| Kris Marion (10) | 5' 0" | 1996 |
| Trisha Lind (9) | 5' 0" | 1998 |
| Keila Williams (?) | 5-0 | 2001 |
| Elizabeth Muller (9) | 5' 0" | 2004 |
| Emily Walters (9) | 5' 0" | 2007 |
| Brittney Wilson (11) | 5-0 | 2010 |
| Laurel Stormans (11) | 4-11.5 | 2008 |
| Ingrid Petersen (12) | 4' 11" | 1981 |
| Alissa Swilley (12) | 4-10.25 | 2016 |
| Vicki DeBoer | 4-10 | 1978 |
| Stefani Boushele (10) | 4' 10" | 1986 |
| Amy Cook (9) | 4-10 | 1989 |
| Tara Murphy (10) | 4' 10" | 1991 |
| Lynn Hoffstead (10) | 4' 10" | 1996 |
| Chrissy Beppu (10) | 4' 10" | 1997 |
| Megan Hewins (10) | 4' 10" | 1998 |
| Tricia Tillman (11) | 4' 10" | 2001 |
| Christina Dressel (12) | 4' 10" | 2003 |
| Caitie O'Donnell (10) | 4' 10" | 2004 |
| Rachel Ballew (10,12) | 4-10 | 2015,17 |
| Ava Brachenbury (10) | 4-10 | 2016 |
| Judy Beeman | 4-8 | 1975 |
| Tammy Hummel | 4-8 | 1981 |
| Alice Coyle | 4-8 | 1988 |
| Katrin Filz (?) | 4-8 | 1991 |
| Becky Fortner (9) | 4-8 | 1992 |
| Callie Jensen (?) | 4-8 | 1993 |
| Jennifer Lewis (9) | 4' 8" | 1995 |
| Jenny Heu-Weller (10) | 4' 8" | 1998 |
| Lessa Greunenfelder (11) | 4-8 | 2002 |
| Mallory Hoover (10) | 4-8 | 2003 |
| Jessica Brezicha (11) | 4' 8" | 2005 |
| Kelsey Fuik (10) | 4-8 | 2007 |
| Mariah Morgan (10) | 4' 8" | 2007 |
| Genevieve Schooler (9) | 4' 8" | 2007 |
| Andrea Clarke (10,11) | 4-8 | 2010,11 |
| Lexi Bonbright (10,11,12) | 4-8 | 2010-12 |
| Deck (9), Neice (9), Wilson(11), Barnett 9)4-8 | | 2015-18 |

POLE VAULT

| | | |
|---------------------------|------------|-------------|
| Kjersti Gedde (10) | 11' 6" | 2006 |
| Cristina Dressel (12) | 10' 3" | 2003 |
| Sarah Norman (12) | 10' 6" | 2009 |
| Andrea Clarke (10) | 10-0 | 2010 |
| Sarah Burley (12) | 9-6 | 2010 |
| Alli Redd (10) | 9-6 | 2015 |
| Katie Fish (10) | 9-6 | 2016 |
| Sarah Frey (11) | 9' 0" | 2004 |
| Jenn Harper (12) | 9-0 | 2013 |
| Sandy Kelly (10) | 8' 6" | 2004 |
| Julia Brusselback (10) | 8' 6" | 2007 |
| Lexi Bonbright (11,12) | 8-6 | 2011,12 |
| Nicole Bennington (10) | 8-6 | 2013 |
| Mackenzie Andrews (12) | 8-6 | 2014 |
| Jillian Telnack (11) | 8-6 | 2017 |
| Kristan Schlatter (12) | 8' 0" | 2002 |
| Luna Lowsky (10) | 8-0 | 2016 |
| Maria Barnes (11) | 7' 6" | 2000 |
| Kirsten Allen (11) | 7-6 | 2010 |
| Annalise Pree (11) | 7-6 | 2019 |
| Cassidy Stevick (9) | 7' 0" | 2007 |
| Maressa LaRosa (9) | 6-6 | 2004 |
| Katie Hoza (12) | 6-6 | 2010 |
| Kristin Sullivan (12) | 6-6 | 2010 |
| Katherine Boyd (9) | 6-6 | 2010 |
| Anna Elewski (9) | 6-6 | 2014 |
| Jessica Grassman (9,11) | 6-6 | 2015,17 |
| Kate Riggs (10) | 6-6 | 2018 |
| Megan McKenzie (?) | 6' 0" | 1998 |
| Courtney Ensign (9) | 6' 0" | 2000 |
| Michelle Gregoire (?) | 6-0 | 2001 |
| Sage Huppe (9) | 6-0 | 2014 |
| Sophia Cash (9) | 6-0 | 2015 |

OLYMPIA GIRLS ALL-TIME TOP 40
as of 5/25/19

SHOT PUT

| | | |
|---------------------------|----------------|-------------|
| Kris Larson (12) | 45' 2.25" | 1984 (5/26) |
| Bea Asomaning (12) | 40-0.5 | 2019 |
| Shannon Harvey (12) | 38' 9" | 2005 |
| Tabitha Kyle (12) | 38' 4 1/4" | 1997 |
| Nan Reynolds (12) | 38-2 | 1980 |
| Tracy McKendry (12) | 36' 11" | 1986 |
| Amanda Bower (12) | 36' 10" | 2002 |
| Karen Bulger (9) | 36-2 | 2011 |
| Julie Nelson (11) | 35-10.75 | 1981 |
| Rebekah Ackermann (12) | 35' 10" | 1997 |
| Patty Livingston (11) | 35' 10" | 2001 |
| Jennifer Westby (12) | 34' 8" | 1989 |
| Abby Monta (12) | 34' 7 1/2" | 1998 |
| Melinda Kennedy | 34-5 | 1977 |
| Jona Spiller (12) | 34-5 | 2015 |
| Rachel Fleener (11) | 34-4.5 | 2011 |
| Michelle Migneault (12) | 34' 4" | 1990 |
| Kathy Westby (12) | 34' 4" | 1991 |
| Cassidy Stevick (12) | 34-0.75 | 2010 |
| Julisia Brock (12) | 34-0 | 2017 |
| Olivia Brock (11) | 33-10 | 2012 |
| Donna Kempf | 33-6.5 | 1980 |
| Alexa Barnes (12) | 33-4 | 2015 |
| Christie Murphy (12) | 33-2.5 | 2001 |
| Erika Waldner (10) | 33-2 | 2010 |
| Eva Wirth (10) | 33-0.75 | 2019 |
| Shonna Clark (?) | 32-10.5 | 1998 |
| Sheryl Lapp | 32-7 | 1974 |
| Alissa Swilley (12) | 32-7 | 2016 |
| Ager | 31-11 | 1974 |
| Tiare Miller (11) | 31' 11" | 2004 |
| Rozann Schade | 31-10.5 | 1976 |
| Marja Weiss (?) | 31-7 | 1994 |
| Erin Middleton (??) | 31-7 | 2000 |
| Autumn Stevick (12) | 31' 6 1/2" | 1995 |
| Jenn Harper (12) | 31-0 | 2013 |
| Trude Sorebo (11) | 30-9 | 1978 |
| Erin Hagerman (12) | 30-6 | 2017 |
| Sadie Beckenhauer (11) | 30-4 | 2011 |
| Keshia Treat (12) | 30' 3" | 2006 |

DISCUS THROW

| | | |
|---------------------------|--------------|-------------|
| Bea Asomaning (12) | 150-3 | 2019 |
| Kris Larson (12) | 148' 7" | 1984(5/25) |
| Abby Monta (12) | 125' 9" | 1998 |
| Jennifer Westby (11) | 122' 9" | 1988 |
| Tabitha Kyle (12) | 121' 0" | 1997 |
| Rebekah Ackermann (12) | 116' 5" | 1997 |
| Shannon Harvey (12) | 115' 10" | 2005 |
| Janice Lwin (12) | 115-7 | 1992 |
| iKathy Westby (12) | 114' 8" | 1991 |
| Eva Wirth (10) | 113-7 | 2019 |
| Tracy McKendry (12) | 111' 11" | 1986 |
| Alissa Swilley (12) | 109-4 | 2016 |
| Megan McCarty (11) | 106' 0" | 2000 |
| Melinda Kennedy | 105-6 | 1977 |
| Tiare Miller (11) | 104-5 | 2004 |
| Rhonda Ensign (12) | 103-11 | 1975 |
| Dara Higgs (11) | 103' 6.5" | 2006 |
| Gretchen Rowe (12) | 102' 5" | 1982 |
| Sue Scheffel (12) | 100-7 | 1981 |
| Karen Bulger (9) | 100-0 | 2011 |
| Jenn Harper (12) | 99-11 | 2013 |
| Tracy Hylton (11) | 99' 7" | 2001 |
| Robin Missine (11) | 98-8 | 1975 |
| Christie Murphy (??) | 94' 0.5" | 2001 |
| Elizabeth Williams (12) | 93-8 | 1996 |
| Kayleen Durant (9) | 93' 1" | 2007 |
| Robin Messine | 92-5.5 | 1976 |
| Donna Kempf (?) | 91-0 | 1980 |
| Heidi Mann (11) | 89' 10" | 1998 |
| Amanda Wolff (12) | 89-10 | 2005 |
| Olivia Brock (11) | 88-10 | 2012 |
| Marja Weiss (?) | 87-6 | 1994 |
| Megan Lemke (??) | 87' 3.5" | 1992 |
| Karissa Wilmovsky (11) | 86' 8" | 1998 |
| Erika Waldner (10) | 86-6 | 2010 |
| Amanda Kyle (10) | 86-5 | 1997 |
| Erin Middleton (?) | 84-6 | 2000 |
| Nan Reynolds (10) | 82-7.5 | 1978 |
| Rachel Fleener (11) | 81-10 | 2011 |
| Laurie Blanchard | 81-5.5 | 1978 |

OLYMPIA GIRLS ALL-TIME TOP 40
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JAVELIN THROW

'old styles':

| | | |
|------------------------|-------------|------|
| Kris Larson (11) | 152' 6" | 1983 |
| Trude Sorebo (12) | 145' 8" | 1979 |
| Julie Nelson (11) | 136' 9" | 1981 |
| Janice Lwin (12) | 132' 1" | 1992 |
| Robin Messine (11) | 130' 0 1/2" | 1975 |
| Karissa Wilmovsky (12) | 126' 0" | 1999 |
| Amy Walsh (10) | 122' 6" | 1990 |
| Jenny Nunn (10) | 120' 4" | 2000 |
| Mary Cadoo (12) | 111' 7" | 1981 |
| Kyla Norman (11) | 108' 3" | 2001 |
| Christi Hilberg (12) | 107' 9.5" | 1993 |
| Autumn Stevick (10) | 107' 7" | 1993 |
| Ginger Bellerud (12) | 106' 11" | 2000 |
| Mary Pedack (11) | 105-0 | 1995 |
| Abby Monta (10) | 103' 4" | 1996 |
| Jan Cox | 101-10 | 1979 |
| Jamie Heu-Weller | 99-6 | 1986 |
| Tami Keeton | 94-4 | 1974 |
| DeeDee Wood | 90-6 | 1988 |
| Tricia Campbell | 90-2 | 1982 |
| Carissa Andrews (12) | 89' 0" | 1998 |
| Tricia Tillman (11) | 86-2 | 2001 |
| Kari Dayton | 85-11 | 1988 |
| Amy Trowbridge (?) | 84-5 | 1993 |
| Erin Middleton (?) | 84' 5" | 2000 |
| Sue Scheffel | 83-9.5 | 1980 |

HEPTATHLON

| | | |
|-----------------------|----------|------|
| Sara Klein (12) | 4192 pts | 2006 |
| Autumn Stevick (12) | 4176 pts | 1995 |
| Kelly Matlock (9) | 3888 pts | 1996 |
| Cassidy Stevick (10) | 3870pts | 2008 |
| Kris Larson ((11) | 3751 pts | 1983 |
| Alyssa Swilley (12) | 3707pts | 2016 |
| Laurel Stormans (11) | 3616pts | 2008 |
| Mel Kelly (8) | 2819 pts | 1999 |
| Nici Ames (10) | 2639 pts | 1993 |
| Nikki Dermanoski (10) | 2501 pts | 1987 |

DECATHLON

| | | |
|-------------------|---------|------|
| Sarah Norman (12) | 4208pts | 2009 |
| Jenn Harper (11) | 3707pts | 2012 |

'New style'(2002-on):

| | | |
|--------------------------------|--------------|-------------|
| Jona Spiller (12) | 134-5 | 2015 |
| Katie McMeel (12) | 131' 5" | 2004 |
| Camryn Wilson (12) | 130-3 | 2019 |
| Cassidy Stevick (12) | 126-10 | 2010 |
| Olivia Brock (11) | 125-9 | 2012 |
| Maia Halvorson (12) | 125-2 | 2016 |
| Karen Bulger (9) | 121-10 | 2011 |
| Rachel Fleener (11) | 118-4 | 2011 |
| Kelsey Fuik (12) | 116-5 | 2009 |
| Nikki Journey (12) | 110' 7" | 2007 |
| Dasani Robinson (10) | 109-8 | 2017 |
| Allssa Swilley (12) | 109-0 | 2016 |
| Kyla Norman (12) | 107' 4" | 2002 |
| Shannon Harvey (12) | 105' 9" | 2005 |
| Madeline Jorganson (10) | 106-4 | 2019 |
| Sadie Beckenhauer (11) | 104-6 | 2011 |
| Sophia Senna (12) | 103-0 | 2019 |
| Kristen Badger (11) | 102' 2" | 2007 |
| Olivia Kay (11) | 99-6 | 2016 |
| Amanda Bower (12) | 99' 3" | 2002 |
| Sonya Thielen (11) | 97-10 | 2017 |
| Olivia Senna (12) | 97-8 | 2019 |
| Katy Wolgamot (9) | 96-0 | 2019 |
| Megan Gulbranson (10) | 93-10 | 2012 |
| Molly Armstrong (11) | 93-7 | 2018 |
| Kelly Miller (11) | 91-7 | 2013 |
| Sarah Nelson (12) | 91-1 | 2016 |
| Julisia Brock (9) | 90-8 | 2014 |
| Elena Ritter (11) | 90' 4" | 2006 |
| Dara Higgs (9) | 90' 2" | 2004 |
| Lindsey Lewis (11) | 89-4 | 2012 |
| Imani Etile (10) | 88-9 | 2018 |
| Natalie VanDormolen (10) | 88-6 | 2015 |
| Autumn Barker (11) | 87-6 | 2014 |
| Clare Hatton (12) | 86-3 | 2013 |
| Kate Ziegler (10) | 86-2 | 2002 |
| Alexa Barnes (10) | 85-9 | 2013 |
| Rachel Ballew (12) | 85-0 | 2017 |
| Sarah Burley (12) | 83-10 | 2010 |
| Kendall McBride (9) | 83-6 | 2019 |
| Ashley Stearman-Joanis (9) | 82-2 | 2009 |
| Taryn Wilson (9) | 81-10 | 2019 |